



Purpose:

Physical Education aims to enable all students to:

- develop a positive attitude to physical activity and active participation in sport
- develop skills and concepts that will enhance students' personal development including managing and resolving conflicts, being resilient, developing a strong sense of self and appropriate health values
- develop an awareness of the importance of physical activity and fitness in order to enhance their own and others' health and wellbeing for an enjoyable healthy lifestyle
- develop social awareness and 'positive team and sportsperson skills' working towards positive social relationships for life
- develop the Fundamental Motor Skills foundations in the early years which enables children to engage and be physically active in all sports for life
- recognise the importance of the body, how it is shaped, exercised and nourished within and across cultures.

Guidelines:

The teaching of Physical Education will:

- be taught at all levels of the school as outlined in the Victorian Curriculum
- ensure the development of fundamental motor skills and game sense
- reflect a combination of fitness, skills, health, games and sport
- encourage students to pursue sporting activities in their leisure time – in and out of school
- encourage students to show good sportsperson attitudes
- provide opportunity for students to participate in a range of traditional and non-traditional sporting activities
- emphasise enjoyment while participating in physical activity
- recognise and celebrate the sporting achievements of students
- be inclusive of all students
- involve the use of community facilities, local sports groups and instructors.

Implementation:

- A Physical Education Specialist will implement a differentiated Physical Education Program (these sessions will be of 60 minute duration from Prep to 6 once a week)
- Grades 5 and 6 will be given the opportunity to participate in both summer and winter inter-school sport with the children not involved being given an alternate sports program to develop specific sport skills
- Link with Universities to involve instruction/programs from Physical Education Pre Service Teachers, SEDA and Sporting Schools Program
- Killara Primary School will field teams in both Winter and Summer Inter-school Sport Program (Terms 2 &3)
- Killara Primary School will support and enable students to participate in various district, divisional, regional and state sporting events
- Physical Education staff will deliver relevant Professional Development to classroom teachers to enhance extra physical activities
- The Physical Education Teacher will allocate for every grade a range of sports equipment for lunchtimes use
- The Physical Education Teacher will conduct a major stocktake annually of all PE/Sport equipment to ensure equipment is maintained and upgraded as necessary
- The Physical Education teacher will maintain and monitor the Physical Education budget



- Assessment in Physical Education will
 - be aligned with the Victorian Curriculum
 - include goal setting and self-evaluation by children
 - emphasise participation and attitudes
 - Involve regular and ongoing evaluation by specialist teacher, including: informal observations, anecdotal records or checklists, discussions, self and/or peer assessment, demonstrations, competitions, reports
 - be linked to mid-year and end of year reports.

Evaluation:

This policy will be reviewed with staff, student, parent and community input as part of the school's three year review cycle.