



# Killara Primary School

*Our Best – Every Child, Every Day*  
**Respect, Resilience & Accountability**

Newsletter 7

March 12 2020

## CALENDAR

13 Mar	Year 5/6 MCG Excursion
13 Mar	Ride To School Day
16 Mar	<b>CURRICULUM DAY</b>
18 Mar	Casual Clothes Day
19 Mar	Interschool Athletics Sports
24 Mar	Sausage Sizzle Day
25 Mar	Prep Special Person Day
27 Mar	Last Day Term 2.30pm Finish

## FROM THE LEADERSHIP TEAM

### CURRICULUM DAY

Monday 16 March is a Curriculum Day.  
Students are not required at school on this day.

### THANK YOU

We would like to thank and acknowledge the quick response of the emergency services workers in Sunbury who came to our school today to help rescue one of our students who managed to get their knee stuck in between two of the bars of the 3/4 playground equipment.

While the condition of our playground equipment is regularly checked by staff as part of our regular workplace inspections and an external contractor we can never account for the weird and wonderful things kids can do. However the best news is that despite the excitement no injuries were sustained.



### CURRICULUM DAY

Just a reminder that Monday is a Curriculum Day for our school so no students are required for the day. During the day all our staff will be participating in Cultural Understanding and Safety Training and updating their CPR and Anaphylaxis accreditations.

### CASUAL CLOTHES DAY

Casual clothes day is next Wednesday March 18. All students who bring a donation for our school's upcoming Easter Raffle are able to come in casual clothes for the day.



### SCHOOL WIDE POSITIVE BEHAVIOURS

#### SUPPORT PROGRAM

As mentioned previously, our school has begun to implement the School Wide Positive Behaviour Support program across the school. This will ensure that there is a consistent approach to expectations of student behaviour and the way in which behaviour is managed across the school. As part of this, each classroom and work area of the school has on display a Behaviour Teaching Matrix that outlines expected behaviours according to each of our school values of Respect, Resilience and Accountability. To help you support our school's implementation of this we will be putting a Compass post out to all parents by the end of this week. If at any stage you have any questions regarding our school's implementation of School Wide Positive Behaviours please come and have a chat to either your child's classroom teacher or a member of the school's leadership team.

### EARLY PICK-UPS

It has come to our attention that students are occasionally being picked up early by adults other than the immediate family. Please note that you must notify the office that this will occur, ahead of time. We always aim to ensure student safety and we do not release children to adults unless we know there is permission to do so.

Of course, early pick-ups should be avoided as much as possible and should only occur in unavoidable circumstances, as they disrupt learning for our students.

**Best wishes,  
Michelle and Sue**

### PAYMENTS DUE

**Sausage Sizzle:** Tomorrow March 13  
(No late orders can be accepted)

**Year 1/2 Healthy Lunch Incursion:** Mar 17

## CURRENT NEWS

### DIVISIONAL SWIMMING

Congratulations to all the students who represented Sunbury District in the Woodlands Division Swimming Competition.



The 9-10 year old boys relay team picked up a win and are progressing to the Regional Final, along with individuals: Amelia Mc (backstroke), Caelan T (butterfly) and Ethan W (freestyle).

Also well done to Eiman R and the girls 12-13 year old relay team gaining placing in their events.

### ATHLETICS TEAM

Congratulations to all the students who participated in the Athletics sports.

Below are the students who were successful in making the Killara Team competing in the Sunbury District Competition on March 19.

Big thank you to the staff and parents who helped on the day, Little Athletics Sunbury for supplying the Equipment and to Sunbury College Sport and Rec class for assistance with events.

Miss G

	Boys 10	Girls 10	Boys 11	Girl 11	Boys 12	Girls 12
100m	Adam S	Sophie J	Tyler P	Hayley P	Cairo P	Mady T-S
200m	Damon B	Sophie J	Cohen S	Lilly G	Sumit B	Rhiannon T-S
Hurdles	Adam S	Layla H	Cooper C	Vanessa V	Jamies on F	Kayla S
800m	Nick H	Makenzie W	Sam Mc	Lilly G	Jahan S	Kayla S
High jump	Nick H	Amelia Mc	Deacon S	Xanelle VD	Lachlan W	Charleen D
Long jump	Damon B	Bethany O	Archie F	Leah H-B	Dexter	Chloe Mc
Triple Jump	Ethan W	Amelia Mc	Archie F	Vanessa V	Sumit B	Taelynn S
Discus	Lachlan F	Makenzie W	Kody T	Rebecca E	Jamies on F	Hannah C
Shotput	Lachlan F	Hayley G	Brad R	Toniyah W	Lachlan W	Chelsea W
Relay						
	Adam S	Sophie J	Tyler P	Hayley P	Lachlan W	Maddie TS
	Damon B	Bethany R	Archie F	Zoe G	Jamies on F	Rhianna TS
	Nick H	Amelia Mc	Cohen S	Xanelle VD	Cairo	Charleen D
	Jack R	Layla H	Brad R	Chiara B	Sumit B	Sierra A
1500m	Archie Mc	Indiana R	Sam Mc	Xanelle VD	Jahan S	Sierra A

#### AGE GROUP CHAMPION

	Nick H	Makenzie W	Archie F	Lilly G	Lachlan W	Kayla S
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### WHEN YOU LOVE, BUT DON'T LIKE YOUR CHILD – A parenting article by Michael Grose

It goes without saying that we always love our children. That doesn't mean, however, that we always like them or how they are behaving. Rather than beating yourself up, it's useful to figure out what you don't like and work from there. Here are some of the common reasons and some ways to help overcome it.

\*Generally, it's a child's behaviour that you won't like rather than the child themselves. Whether it's a surly

adolescent who scowls every time you walk into a room, or a toddler who whines when they don't get their own way, it can be difficult separating the child from the behaviour.

\*Some developmental stages are more problematic than others. Both toddlers and teens are programmed to get under their parent's skin. The respective developmental tasks are independence and identity formation, both involving a degree of parental challenge, making them hard to get close to at times.

To read the rest of this article, please go to:

[https://www.parentingideas.com.au/blog/when-you-love-but-dont-like-your-child?utm\\_source=Blog+Subscribers&utm\\_campaign=0b04ac2eb8-Parenting+Blog+-+Love+but+don%27t+like+child&utm\\_medium=email&utm\\_term=0\\_f488c60967-0b04ac2eb8-185781441&goal=0\\_f488c60967-0b04ac2eb8-185781441&mc\\_cid=0b04ac2eb8&mc\\_eid=ca4fd51398](https://www.parentingideas.com.au/blog/when-you-love-but-dont-like-your-child?utm_source=Blog+Subscribers&utm_campaign=0b04ac2eb8-Parenting+Blog+-+Love+but+don%27t+like+child&utm_medium=email&utm_term=0_f488c60967-0b04ac2eb8-185781441&goal=0_f488c60967-0b04ac2eb8-185781441&mc_cid=0b04ac2eb8&mc_eid=ca4fd51398)

## COMMUNITY NEWS

### SONS OF THE WEST – MENS HEALTH

This free men's health program, run by the Western Bulldogs Football Club and will kick off again in Sunbury in 2020. The Premiership Season is about your mental and physical health. You can join the program at any time – simply come down on a Monday evening.

**When:** Monday March 23 – Monday June 1 2020

**Time:** 6.30pm – 8.30pm

**Location:** Kismet Park Primary School – McEwen Dve

**Who For:** Males living in Sunbury and surrounding suburbs

**What to Bring:** A water bottle and comfortable clothes to exercise in!

Registration and information night: Come along for a cuppa and to hear more about what's in store for our 10 week program. Monday March 16 5.30pm – 6.30pm Sunbury Community Health Centre, Macedon Street, Sunbury. For more information or to register contact Rob Charlesworth ph: 9744 9528 or email [robc@sunburychc.org.au](mailto:robc@sunburychc.org.au) or contact Sons of the West [info@sonsofthewest.org.au](mailto:info@sonsofthewest.org.au) ph: 9680 6355

### MOVIES AT THE FARM

Saturday 21<sup>st</sup> March. Animal Land, Children's Farm 200 Duncan's Lane, Diggers Rest. BBQ, pony rides, bar (no byo) and children's entertainment. Adult \$15 presale or \$20 at gate, Child \$5 presale or \$10 at gate. Cram a car load for \$40 (presale only). All proceeds go to cancer research. Presale tickets via Animal Land Website. Enquiries 0490539795.

Movies showing Red Dog and Pricilla Queen of The Desert.



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