



CALENDAR

11 Aug	Parent Teacher Interviews
12 Aug	Teddy Bears Picnic
24 Aug	CURRICULUM DAY
18 Sept	Last Day Term 2.30pm Finish

FROM THE LEADERSHIP TEAM

INTRODUCTION TO STAGE 4 LOCKDOWNS

As you will be aware through media reports, stage 4 lockdowns are now in place in the Melbourne metropolitan area. These new restrictions will also impact the way in which our school operates moving forward.

While we are still awaiting further advice from the Department for all the details I am able to advise our school community that most of our staff have returned to working from home. This will not impact on the way in which our students experience support for their learning during remote learning however the number of staff attending the workplace to support students in the onsite program will be kept to a minimum in line with the new restrictions.

There has also been a significant change to the eligibility of students who are able to access the onsite program and these changes have been communicated to the families affected, along with any updates as they occur. If at any stage you have any questions regarding this please do not hesitate to contact the school.

PARENT TEACHER INTERVIEWS

We have re-scheduled our Parent Teacher interviews for **Tuesday August 11**, beginning at 2:30pm. Given the current situation, these will be held remotely either via the WebEx platform or phone. Parents should have now secured a booking with their child's classroom teacher however, if you are experiencing any difficulties with this please email the classroom teachers directly.

TEDDY BEAR'S PICNIC AT (HOME) SCHOOL

The theme for this coming Wednesday is a teddy bear's picnic. Students are asked to bring along their favourite teddy (or stuffed toy) to their class WebEx session or, for those still attending onsite, school. We would love to see some photos of you and your teddy having lunch or a snack together (or maybe you and your teddy doing something together).



WELLBEING WEEK

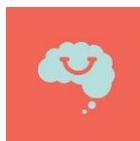
As part of our planning for the extended duration of remote learning, each of our teams has planned a wellbeing week for week 7 (in a few weeks). The focus for this week will be on giving all our families a chance to catch their breath and have a full week that focuses primarily on looking after both ourselves and our families. While some students might use this time to catch up on learning that hasn't been completed, there will be plenty of fun and exciting activities related to our Aristotle program for you to choose from.

WELLBEING SUPPORTS

With the introduction of the latest levels of lockdown and the uncertainty that exists for so many of us at this time, it's a good time to remind everyone of some great apps that are available to support the wellbeing of both our students, and our wider school community.

SMILING MIND

Smiling Mind is an Australian based app that contains mindfulness programs for both adults and children. Contained in the app too is specific programs for different year levels of school.



CALM

Calm also contains guided meditation sessions for both adults and children as well as sleep stories and mindfulness music that can assist both adults and children to manage anxiety. Many of the sleep stories contained in the app are traditional stories that are suited for either children or adults.



HEADSPACE

As with the previous two apps, Headspace provides a range of guided meditation sessions for children and adults.



BEANIE DAY



CARRIE'S
BRAIN 4
BRAIN CANCER