



# KILLARA PRIMARY SCHOOL

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## YEAR 5 UNDERSTANDING OURSELVES - SENIOR SCHOOL UNIT OF WORK

Dear Parents,

During Term 3 all senior school children will be involved in a very important Unit of Work titled 'Understanding Ourselves'. The Unit has been specifically designed to further children's understandings about puberty, reproduction and personal hygiene. It also involves them in a broad range of experiences that explore adolescence, the role of peer support and peer pressure, and the importance of self-esteem and healthy relationships with others.

The Unit will be taken over 3 sessions and will be conducted by Year 5/6 Team teachers in line with Department Guidelines and the Victoria Curriculum.

The Year 5 program will include information on:

1. Stages of human development
2. What is puberty and adolescence
3. Health - looking after yourself
4. Self esteem/peer pressure
5. Problem solving/ personal plan

The program will begin on Tuesday, 5<sup>th</sup> September and continue every Tuesday until the final session on 19<sup>th</sup> September, 2017.

There is no cost for the Year 5 program.

If you have any questions, please direct them to your child's classroom teacher.

Yours sincerely,

Year 5/6 Team

PHIL CLINKABERRY  
Principal