



YEAR 6

UNDERSTANDING OURSELVES - SENIOR SCHOOL UNIT OF WORK

Dear Parents,

During Term 3 all year 5/6 students will be involved in a very important unit of work titled 'Understanding Ourselves'.

This unit has been specifically designed to further your child's understandings about puberty, reproduction and personal hygiene.

It also involves students in a broad range of learning experiences that explore adolescence, the role of peer support and peer pressure, and the importance of self-esteem and healthy relationships with others.

These 90 minute sessions will be taught over 3 weeks from September 5 to September 19. They will be conducted by educators Justine Kiely-Scott or Jenny Ackland, from Sex Education Australia. A 5/6 teacher will also be present in these sessions and it will be conducted in line with Department Guidelines and the Victoria Curriculum.

The cost for these sessions will be \$32.00 per child and a copy of the program is on the back of this form.

Please return the slip below with **full payment of \$32.00 to school by Friday 1st September 2017**

If you have any questions about the program, please don't hesitate to contact your child's teacher.

Yours sincerely,

Year 5/6 Team

Phil Clinkaberry
Principal

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YEAR 6 UNDERSTANDING OURSELVES PROGRAM 2017

I give permission for my child _____ of room _____ to attend the Understanding Ourselves program from September 5 to September 19, 2017. The cost for this incursion is \$32.00.

Please find enclosed a payment of \$32.00

QKR – receipt number: _____

Direct Deposit – date deposited: _____

Cash Enclosed

Take from CSEF payment (For those families who have received this allowance)

Parent/Guardian Signature: _____



KILLARA PRIMARY SCHOOL

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PROGRAM OVERVIEW

YEAR 6

UNDERSTANDING OURSELVES - SENIOR SCHOOL UNIT OF WORK

Your child will be involved in one 90-minute session each week for three weeks.

Year 6 children only will be involved in a program that will be run by educators Justine Kiely-Scott or Jenny Ackland, from Sex Education Australia and one of the Killara Senior School Teachers.

The program is outlined below:

2016 Year 6 - Understanding Ourselves Overview:

Areas that will be covered

- conception, pregnancy and birth
- names and functions of reproductive parts
- physical, social and emotional changes of puberty
- managing friendships
- respect for self and others
- responsible use of technology and social media
- discussion of gender stereotypes.

You can visit <http://www.sexeducationaustralia.com.au/> to find out more and resources that may assist in the conversations based around the learning.