Dear Parents,

During Term 3 all year 5/6 students will be involved in a very important unit of work titled ‘Understanding Ourselves’.

This unit has been specifically designed to further your child’s understandings about puberty, reproduction and personal hygiene.

It also involves students in a broad range of learning experiences that explore adolescence, the role of peer support and peer pressure, and the importance of self-esteem and healthy relationships with others.

These 90 minute sessions will be taught by one of the 5/6 teachers over 5 weeks from August 15th to September 16th.

The Year 5 program will include information on:
1. Stages of human development
2. What is puberty and adolescence
3. Health and looking after yourself
4. Self-esteem and peer pressure
5. Problem solving and personal planning

As the year 5 program is part of the Victorian Curriculum and taken by classroom teachers, there is no cost or permission required. This letter is for your information only.

If you have any questions about the program, please don’t hesitate to contact your child’s teacher.

Yours sincerely,

Year 5/6 Team

Phil Clinkaberry
Principal

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