Calendars

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 Sept</td>
<td>Stompathon &amp; Sausage Sizzle Lunch</td>
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<tr>
<td>15 Sept</td>
<td>Pyjama Day Fundraiser – CAREWORKS Sunbury</td>
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<tr>
<td>16 Sept</td>
<td>LAST DAY TERM 2.30PM FINISH</td>
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<tr>
<td>3 Oct</td>
<td>Term 4 Begins</td>
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<tr>
<td>17-21 Oct</td>
<td>Prep &amp; Year 1/2 Swim Program</td>
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<tr>
<td>24-28 Oct</td>
<td>Prep &amp; Year 1/2 Swim Program</td>
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<tr>
<td>16 Nov</td>
<td>2017 Prep Information Night</td>
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<tr>
<td>23 Nov</td>
<td>2017 Prep Orientation Session 1 9.15 – 10.15am</td>
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<tr>
<td>30 Nov</td>
<td>2017 Prep Orientation Session 2 9.15 – 10.15am</td>
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<tr>
<td>6 Dec</td>
<td>Prep Orientation Session 3 9.15 – 10.40am</td>
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From the Executive Team

After eight weeks of leave, of which I spent 5 on a lovely, relaxing road trip along the east coast of Australia, I am back to the fold.

I am very grateful for the work of my staff during my absence and particularly thankful for the work of my leadership team. Pete and Andrew have done a terrific job of keeping the school running smoothly and ensuring continued focus on school improvement. They were ably supported by Emma and Kathryn, in their roles as team leaders.

I enjoyed hearing the stories of the special events that occurred while I was away and seeing the lovely community spirit that existed.

It does feel weird coming back for two weeks before holidays – but I will take it!

Phil

Stompathon

Do you have your sponsors?!

The Stompathon is getting closer and is on NEXT Tuesday, the 13th of September. As mentioned previously, funds raised from this event will be going towards literacy resources and the establishment of a shade sail over the Grade 1/2 Playground. Being our major fundraiser for the year, we are setting ourselves the goal of beating the $12,800 we raised at last year’s Walkathon. So far, we have raised $1169.00!

Prizes Announcement

Along with the newsletter today, you will find a notice on our Stompathon major prizes. Students raising over $20 will go into our major prize draw. This year’s major prizes are a Go Pro camera valued at $350, a $300 bike from Sunbury’s Angry Butcher Bike Shop, a $170 HP printer from Learning With Technologies, a term of swimming at Advanced Fitness, a $100 voucher to Toyworld and a drone valued at $90.

Students raising over $10 will go into the draw for 2 tickets to the movies at Reading Cinemas in Sunbury.

Tea & Coffee

A final reminder that the PFA are serving tea & coffee from 2.30pm to 3.30pm during the parent open session of STOMP. You’ll find them at the back canteen window located next to the theatre main entrance. We hope to see you there!!!!

Social Media Scripts

We commend to you the article in this newsletter from leading Parenting expert, Michael Grose, giving guidance to parents about helping children to use appropriate, polite and thoughtful language whilst online. Our role as adults is to model this behaviour and take the time to instil the correct messages.

3/4 Camp

Despite a bit of a “bug” running through the group, the 3/4 camp was a terrific success. We are so thankful to our teachers and the parent helpers who gave up their personal time to care for, manage, and entertain the students. Taking students on a camp, whilst very rewarding, is a lot of hard work and much organising. Thanks to Katelyn Hurley for her work in ensuring the camp was a success and Kathryn Pollock for her leadership at the camp. We are also grateful for the staff at Lady Northcote camp for their support.

Seeking Support

Our aim is to always promote and encourage a positive school community and to ensure that issues are dealt with appropriately and quickly. We do ask that parents remember to approach the school in a respectful and calm manner at all times.

Things can happen between children (as often happen with siblings in the home) and, as such, it is the children that most of all need to sort things out. Our school staff are skilled at assisting students to overcome differences and/or to find alternative solutions.

Of course, it is different when there is genuine bullying. Bullying, in our school policy, is defined as:

- a repeated behaviour that is deliberate, hurtful and an unjust use of power.
- Someone, or a group of people, deliberately upsetting or hurting another person or
damaging their property, reputation or social acceptance on more than one occasion.
An imbalance of power in incidents of bullying may occur with the bully or bullies having more power at the time due to age, size, status, number of persons in a group or other reasons.

It is not mutual, social rejection or dislike, single-episode acts of nastiness or physical aggression, nastiness or physical aggression that is directed towards many different people or unacceptable behaviour. Most difficulties between children fall into these categories (not bullying). Often times, children will sort things out for themselves – and ideally that is what we want them to learn to do! This results in higher levels of resilience and helps to develop emotional intelligence.

Sometimes parents hear about actual bullying before the school does. As with all concerns relating to your child, the best port of call is the class teacher first, then, as our school code of conduct states, the team leader, followed by an Assistant Principal and finally the Principal if all other avenues have not been helpful.

It is also very important to remain positive and supportive with your child and not denigrate the school, the teacher or other people, as this can only serve to heighten the anxiety levels of your child and does not help them to cope. Strategies to help them deal with the bullying or other inappropriate behaviours, not let it impact on them as much and support their levels of safety are also a key to the discussions to have with them.

Remember, we are here for the students and we want the best for them. The partnership we have with you when problems arise always needs to be a positive and constructive one, if we are to achieve our aims.

Best wishes,
Phil, Pete and Andrew

CURRENT NEWS

COMPASS
The following 3/4 units will be made live to parents on Tues 13 September:
- Writing: Letters and Notes
- Reading: Summarising
- Mathematics: Length, Area and Perimeter

BOOK FAIR SUCCESS
My thanks go to everyone who supported the Book Fair last week. Many teachers willingly came to help with the sales before and after school assisted lots of children and parents who purchased $4400 worth of books. Not only were families pleased by the choice of titles on offer, we have been able to take $1320 worth of books for the library. What a great result!

Can all students please start returning their overdue books before the end of term.
Heather
Librarian

YEAR 3-6 WRITERS EXPO
Students in years 3-6 are busy adding the finishing touches to their published works for our 2016 Writers Expo. The Expo will run from Tuesday 13 - Friday 16 September in the 3/4 building corridor. Come along and see the fantastic work from our budding young writers before school from 8:30 – 9:00am or after school from 3:30 – 4:00pm. We look forward to seeing you there!

PREMIER'S READING CHALLENGE
The Premier's Reading Challenge for 2016 closes this Friday 9 September.
If you meet the Challenge this year, the Premier of Victoria will send you a certificate of achievement. To meet the Challenge you need to have read between 15 and 30 books (depending on your year level). Remember to log in and record what you’ve read and vote for your favourite.

GREAT CYCLE CHALLENGE
We have exactly one month before the Great Cycle Challenge begins for 2016. There is still time to join Team Killara and to sponsor our members. Visit https://greatcyclechallenge.com.au/Teams/TeamKillara for more details. It would be great to reach our goal of $3,000 or 50 members by October 1, so Sarah can do more crazy outfit rides!
The t-shirt designing lunchtimes have concluded and we are in the process of combining multiple ideas into the final design. Remember if you’d like one of these tops, join and raise at least $50 as a way of helping kids with cancer.

PAYMENT REMINDERS
Year 5/6 Term 4 Netbook: 16 September

Please Note: If Term 4 payment has not been received by Friday September 16 students will not be permitted to take their device home over the school holiday period. If you are having difficulties with payment please contact the office.

Preferred Payment Method
QRK! by MasterCard
YEAR 3/4 LADY NORTHCOTE CAMP
We had so much fun at Lady Northcote Year 3/4 camp, with roughly double the students from last year attending!

We got to go on six of the most fun activities they had there, including the giant swing, cooking damper with water and flour, canoeing with our groups (there were 12 groups altogether) on a dam, initiatives, orienteering and last but not least: the Toon Challenge!

In the Toon Challenge, we went around the camp site and completed short challenges to help some of our favourite cartoon characters and earn points. We found Nemo, helped shoot rings for Toothless, and lots more. In the end Group 6 won the Toon Challenge, with over 1900 points.

Thanks to all the teachers and parents for coming with us on our three day camp, I hope everyone enjoyed it as much as I did!

By Baylee M, Room 14

PFA NEWS

READING CINEMAS
A reminder to families that when you go along to Reading Cinemas in Sunbury, please hand over your school vouchers to earn tickets for the school to use as future prizes. Extra details and vouchers are available at the school office.

FATHER’S DAY STALL
We hope all dads enjoyed receiving their gifts last Sunday and enjoyed a nice day with their families. Thank you once again to everyone that helped with the preparation and running of the stall. We had a very successful stall and, along with pleasing all of the children, the PFA raised just under $2100 for the school to be put towards future resources.

VISION PORTRAITS
The PFA are very pleased to announce that our Vision Portrait sessions raised $1,000 for the school. A big thanks to all the families who supported the school by getting on board for some great family photos. Special thanks also to the following PFA members and Friends of the PFA for volunteering their time over the weekend of the Vision Portraits fundraiser: Jennifer, Tanya, Amanda, Romany, Manuela, Sally, Candice, Tammy, Jeanette and Karen.

And thank you to Mr. O’Callaghan for being at school both days while this was being run. We appreciate you being there and not getting much of a weekend break 😊

Stay tuned for the delivery date of your photos!! Finally, congratulations to Cathy McKinnon who was the lucky winner of the $200 voucher to spend on her photo package!

COMMUNITY NEWS

SAUSAGE SIZZLE MEAL DAY
TUESDAY 13 SEPTEMBER 2016

The Sausage Sizzle Meal Day is a very popular and keeps our canteen staff very busy so unfortunately there will be no other lunch orders available on this day. Orders have now closed for this special meal day.

LOST PROPERTY

Please check lost property for any of your child’s belongings. Any named items are returned to the student’s classroom. Any lost property left there at the end of term will be donated to charity. Please note if you have any hand me down items of clothing can you please remember to write your child’s name on the clothing.

KILLARA PRIMARY SCHOOL
Phone: 9744 6432  Fax: 9744 4956
website www.killaraps.vic.edu.au
DEVELOPING YOUR CHILD’S SOCIAL MEDIA SCRIPTS

by Michael Grose - Australia’s No 1 parenting educator

It’s important to start conversations with children about using social media at a young age to prepare them to be savvy users when we’re not around.

“If a job’s worth doing, it’s worth doing well.”

This mantra always pops into mind whenever I’m about to cut some corners or do a rushed job in any endeavour. As a result I double-check every article I write for mistakes. I overprepare every talk I give. And I continually edit and re-edit my books. This message keeps me at the top of my game.

I can thank, or blame, my mother for inserting this mantra in my mind as she repeated it whenever I did a rushed job as a youngster making my bed, doing homework or cleaning up my bathroom mess.

Parents of every generation have always found ways to frame messages of safety and success for their children to remember. Parents of past generations who only had to contend with the offline or real world intuitively knew that they needed to teach children important lessons about safety and manners rather than assume they’ll be understood.

The same maxim holds true for the world of social media that children now inhabit from an increasingly young age. Even though our children are growing up with technology as a part of their every day lives, they will still make plenty of mistakes while using it. This means we need to have direct conversations with our kids about the comments and posts that are okay to make online.

As parents we teach our kids to talk politely and clearly so that they know how to speak to others when we’re not around. In effect, we give our kids social scripts to fall back on when they talk to friends, teachers and relatives. There’s no guarantee they’ll look an adult in the eye when they speak to them, but our discussions, reminders and lessons about manners will hopefully hold up when we’re not around.

The same applies to social media. Our conversations and lessons will prepare them to be savvy users when we’re not around. Here are some ideas to get you started:

1. “Is this worth posting?” The relatively impersonal nature of social media means that we can post information and pictures with relative immunity. Also its immediacy means that we can do so without much thought. This means that kids need to be very critical about what they see online. ‘Is this accurate?’ and ‘Is this worth posting?’ are two valid questions children can ask when they read posts placed by others.

2. “Have you taken a big breath?” A child who blurts out everything that comes into his mind without thinking is sure to put plenty of people offside. ‘Think before you speak’ is the type of message that every child should have in mind. The same applies to social media. Just because they think something doesn’t mean they post it. ‘Take a big breath’ may just about be the most important message to give your kids about social media.

3. “Do you want the principal to see this?” An invitation to a teenage birthday party posted on social media is one way to get more attendees than you bargained for! The viral nature of social media means that kids should only post messages and photos that they want to be spread and read by a large audience.

4. “How does this post make you feel?” We need to teach kids that not every post needs to be commented upon and not every thought needs to be shared, particularly when they are angry. Teaching them to walk away and then to step back in when they’ve calmed down is perhaps the most important communication lesson of all. It is very relevant to social media as emotions are often the last thing on many people’s minds when they haphazardly post a message.

5. “How will you fix this?” Social media just like any social space requires kids to behave ethically and with kindness. When kids overstep the mark and post hurtful things then it’s fair that they fix their mistakes, and apologise. It’s reasonable that we teach our children to act with tolerance and empathy online, and if mean things are posted then they should be expected to try to repair relationships through social media, just as they should offline.

I agree with Galit Breen author of Kindness Wins who says that parents should have conversations with children around social media before they reach the teenage years. Starting these conversations when they are younger means that they are more open to our parenting opinions, as well as being a little more amenable to the messages of tolerance, kindness and empathy that we need to encourage.